

Score: _____/10 pts.

	1 point	2 points	4 points
6 th Grade Band	5-9 min.	10-24 min.	25+ min.
Intermediate Band	10-14 min.	15-34 min.	35+ min.
Concert Winds/ Cadet Band	10-19 min.	20-44 min.	45+ min.

Name: _____
 Class Period: _____
 Due Date: **MONDAY, April 12th**

DATE	WARM-UP	WORKOUT	FUN	# OF MINUTES	POINTS
FRI. 3/26					
SAT. 3/27					
SUN. 3/28					
MON. 3/29					
TUES. 3/30					
WED. 3/31					
THURS. 4/1					
				TOTAL	

Remember:

- ✓ **ALWAYS** use a metronome OR the accompaniment CD that comes with your book! (A free metronome is available online at www.metronomeonline.com.)
- ✓ Each time you practice, you should do each of the following:
 - **warm-up** (examples include: scales, pattern exercises, lip slurs, long tones, mouthpiece sirens, sticking/rudiment exercises)
 - **workout** (some intense time on something you need to improve or something that's new)
 - **fun** (play something that you like to play just for fun, or go perform for someone)

 Parent/ Guardian signature Date

You may print this practice log from the Lake Orion Band Booster Website:
<http://www.lodragons.org/documents/oakview.php>

- Deductions may occur for missing descriptions or false information.
- -2 points for each day a log is late
- Late logs will not be accepted after a week past the due date.
- No credit issued without a parent/guardian signature.
- Full credit ("A" Grade) is **10** points each week; exceptions are weeks with weekdays without school (vacations, teacher workdays, etc.). These are EXTRA CREDIT.
- Credit limit per week is 14 points.

DATE	WARM-UP	WORKOUT	FUN	# OF MINUTES	POINTS
*FRI. 4/2					
SAT. 4/3					
SUN. 4/4					
*MON. 4/5					
*TUES. 4/6					
*WED. 4/7					
*THURS. 4/8					
*FRI. 4/9					
SAT. 4/10					
SUN. 4/11					
				TOTAL (MAX PTS POSSIBLE = 20)	

**No School—Extra Credit*

Parent/ Guardian signature

Date